

Interested in connecting with other
Neurodiversity Navigators?

NAVIGATING NEURODIVERSITY

*A Monthly Workshop Series for Adults
Starting Tuesday, March 19, 2024
7:00pm-9:00pm, \$50* per session*

Located at Heron Ridge Associates
1785 W Stadium Blvd # 205
Ann Arbor, MI 48103

Sensitive to light or sound?

Feel challenged by social interactions including anxiety or panic?

Find that your Social Battery runs out of charge easily?

You are not alone!

Come explore Neurodiversity through its beauty and challenges!

No diagnosis necessary. Support people welcome!

There will be a maximum of ten participants per session and registration is required.

Email emilner@refresh-mi.com with any questions!

**cost includes a fidget of participant's choosing*